

CENTRAL HIGH SCHOOL--TIGER CAFÉ MENU

STUDENT PLATE \$2.05

JANUARY 30 TO FEBRUARY 3, 2012

ADULT PLATE \$2.75

Winter-Week 1

(PLATE LUNCH INCLUDES 1 ENTRÉE AND AS MANY AS 4 ADDITIONAL SIDE ITEMS)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DELI SUB SHOP	DELI HAM & CHEESE DELI TURKEY & CHEESE DELI VEGETABLE SUB GRILLED CHICKEN SUB CHICKEN CAESAR SUB	DELI HAM & CHEESE DELI TURKEY & CHEESE DELI VEGETABLE SUB DELI ROAST BEEF	DELI HAM & CHEESE DELI TURKEY & CHEESE DELI VEGETABLE SUB GRILLED CHICKEN SUB CHICKEN CAESAR SUB	DELI HAM & CHEESE DELI TURKEY & CHEESE DELI VEGETABLE SUB DELI ROAST BEEF	DELI HAM & CHEESE DELI TURKEY & CHEESE DELI VEGETABLE SUB GRILLED CHICKEN SUB CHICKEN CAESAR SUB
TOPPINGS: LETTUCE, TOMATO, PICKLES, ONIONS, BLACK OLIVES, SWEET PEPPERS, JALAPENO PEPPERS, GREEN PEPPERS, MAYO, MUSTARD, HONEY MUSTARD, VINEGAR AND OIL, ITALIAN DRESSING, CAESAR DRESSING					

RUN FOR THE BORDER	CHILI DOG	TACO TUESDAY (2 SOFT SHELL TACOS)	CHICKEN FAJITAS	CRISPITOS WITH CHEESE	SUPER NACHOS
		REFRIED BEANS	SPANISH RICE		REFRIED BEANS
TOPPINGS: SHREDDED CHEESE, NACHO CHEESE, LETTUCE, SOUR CREAM, SALSA, TOMATOES, BLACK OLIVES JALAPENO PEPPERS					

MAIN FARE	BREADED BEEF STEAK WHIPPED POTATOES BROWN GRAVY FRESH HOT ROLL	LASAGNA FRENCH BREAD SLICE	CHICKEN NOODLE SOUP TOASTED CHEESE OR PEANUT BUTTER SAND. CINNAMON ROLL		PEPPER CHICKEN BITES W/ BREAD MACARONI AND CHEESE
------------------	---	-------------------------------	--	--	---

PIZZA PIES	BY THE SLICE-16" FRESH PIZZA CHEESE PEPPERONI SAUSAGE TIGER COMBO	BY THE SLICE-16" FRESH PIZZA CHEESE PEPPERONI SAUSAGE TIGER COMBO	BY THE SLICE-16" FRESH PIZZA CHEESE PEPPERONI SAUSAGE TIGER COMBO	BY THE SLICE-16" FRESH PIZZA CHEESE PEPPERONI SAUSAGE TIGER COMBO	BY THE SLICE-16" FRESH PIZZA CHEESE PEPPERONI TIGER SUPREME TIGER COMBO
-------------------	--	--	--	--	--

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PASTA CENTRAL	ROTINI OR SPAGHETTI RED SAUCE MEAT SAUCE ALFREDO SAUCE BREAD STICK	ROTINI OR SPAGHETTI RED SAUCE MEAT SAUCE CHICKEN ALFREDO BREAD STICK	ROTINI OR SPAGHETTI RED SAUCE MEAT SAUCE ALFREDO SAUCE BREAD STICK	ROTINI OR SPAGHETTI RED SAUCE MEAT SAUCE CHICKEN ALFREDO BREAD STICK	ROTINI OR SPAGHETTI RED SAUCE MEAT SAUCE ALFREDO SAUCE BREAD STICK

TIGER GRILL	CHEESEBURGER BRD. CHICKEN SAND. OVEN FRENCH FRIES	BBQ RIB ON BUN CRISPY CHICKEN SAND* POTATO WEDGES	ROCKIN BURGER W/CH SPICY CHICKEN SAND. CRINKLE CUT FRIES	CHICKEN NUGGETS W/ BREAD SOUTHRN CHICKEN SAND* POTATO TOTS	CHEESEBURGER BRD. CHICKEN SAND. OVEN FRENCH FRIES
--------------------	---	--	--	--	---

***ADD \$.50 FOR SUPER SIZE SANDWICH MEALS**

THE GARDEN SPOT	CHEF SALAD CHICKEN CAESAR SALAD CHICKEN SALAD	CHEF SALAD CHICKEN CAESAR SALAD PIMENTO CHEESE SALAD	CHEF SALAD CHICKEN CAESAR SALAD CHICKEN SALAD	CHEF SALAD CHICKEN CAESAR SALAD TUNA SALAD	CHEF SALAD CHICKEN CAESAR SALAD CHICKEN SALAD
------------------------	---	--	---	--	---

VEGETABLE OF THE DAY	GREEN BEANS FRESH VEGETABLES W/ DIPPING SAUCE ITALIAN SALAD	BUTTERED PEAS FRESH VEGETABLES W/ DIPPING SAUCE MACARONI SALAD	BROCCOLI W/ CHEESE FRESH VEGETABLES W/ DIPPING SAUCE GARDEN SALAD	WHOLE KERNEL CORN FRESH VEGETABLES W/ DIPPING SAUCE BROC/CAULF SALAD	GLAZED CARROTS FRESH VEGETABLES W/ DIPPING SAUCE SWEET & SOUR SLAW
-----------------------------	--	---	--	---	---

FRUIT OF THE DAY	CHILLED PEACHES FRESH FRUIT	PINK APPLESAUCE FRESH FRUIT	DICED PEARS FRESH FRUIT	PINEAPPLE TIDBITS FRESH FRUIT	MIXED FRUIT FRESH FRUIT
-------------------------	--------------------------------	--------------------------------	----------------------------	----------------------------------	----------------------------

DESSERT BAR	GELATIN PUDDING	GELATIN FRESH PEACH CRISP	GELATIN FROSTY CREAM	GELATIN PUDDING	GELATIN PEANUTBUTTER BAR
--------------------	--------------------	------------------------------	-------------------------	--------------------	-----------------------------

ALA CARTE STOP	TOASTED RAVIOLI SHOE STRING FRIES	POPCORN CHICKEN SHOE STRING FRIES	EGG ROLLS BASCO CHEESE STICKS SHOE STRING FRIES	CLUX DELUXE CHICKEN ONION RINGS SHOE STRING FRIES	MOZZ. CHEESE STICKS SHOE STRING FRIES
-----------------------	--	--	---	---	--