



# February CAPE GIRARDEAU PUBLIC SCHOOLS MIDDLE & JUNIOR HIGH SCHOOLS BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>February Highlights</b>  <b>AMERICAN HEART MONTH</b>  <b>BLACK HISTORY MONTH</b>  <b>CHILDREN'S DENTAL HEALTH MONTH</b>  <b>LIBRARY LOVER'S MONTH</b>  <b>NATIONAL CHERRY MONTH</b></p>		<p>1 BREAKFAST SAUSAGE PIZZA OR            CEREAL &amp; BUG BITE GRAHAMS            CHILLED FRUIT JUICE            MILK-VARIETY OF FLAVORS</p>	<p>2 SAUSAGE, EGG AND CHEESE HOT POCKET            WH GRAIN BREAKFAST COOKIE OR            CEREAL &amp; CHOC. CHIP GRAHAM GRIPZ            ORANGE SECTIONS            MILK-VARIETY OF FLAVORS</p> <p><b>Groundhog Day</b></p>	<p>3 BISCUIT &amp; SAUSAGE GRAVY JELLY OR            CEREAL &amp; APPLE SQUARE            CHILLED FRUIT JUICE            MILK-VARIETY OF FLAVORS</p> <p><b>Elmo's Birthday</b></p>
<p>6 FRENCH TOAST STICKS-WHOLE GRAIN            APPLESAUCE CUP SYRUP OR            CEREAL &amp; STRAWBERRY SMILE            CHILLED FRUIT JUICE            MILK-VARIETY OF FLAVORS</p>	<p>7 BACON &amp; CHEESE SCRAMBLE            BUTTERMILK BISCUIT OR            CEREAL &amp; WHOLE GRAIN            STRAWBERRY POPTART            BUNCH OF GRAPES            MILK-VARIETY OF FLAVORS</p>	<p>8 PANCAKE &amp; SAUSAGE STICK SYRUP OR            CEREAL &amp; GRAHAM STICKS            CHILLED FRUIT JUICE            MILK-VARIETY OF FLAVORS</p>	<p>9 MAPLE BURST MINI PANCAKES SYRUP OR            CEREAL &amp; CINNAMON GRAHAM GRIPZ            ORANGE SECTIONS            MILK-VARIETY OF FLAVORS</p>	<p>10 SAUSAGE BISCUIT SANDWICH JELLY OR            CEREAL &amp; CINNAMON SQUARE            CHILLED FRUIT JUICE            MILK-VARIETY OF FLAVORS</p>
<p>13 EGG &amp; COLBY CHEESE OMELET            BUTTERMILK BISCUIT JELLY OR            CEREAL &amp; STRAWBERRY SMILE            CHILLED FRUIT JUICE            MILK-VARIETY OF FLAVORS</p>	<p>14 EGG AND CHEESE TACO-GO            WH GRAIN BREAKFAST COOKIE OR            CEREAL &amp; BLUEBERRY MUFFIN            BUNCH OF GRAPES            MILK-VARIETY OF FLAVORS</p>	<p>15 BREAKFAST SAUSAGE PIZZA OR            CEREAL &amp; CINNAMON TEDDY            GRAHAMS            CHILLED FRUIT JUICE            MILK-VARIETY OF FLAVORS</p>	<p>16 MAPLE PANCAKE GRIDDLE BAKES SYRUP OR            CEREAL &amp; CHOC. CHIP GRAHAM GRIPZ            ORANGE SECTIONS            MILK-VARIETY OF FLAVORS</p>	<p>17 NO SCHOOL TODAY            PARENT TEACHER COMPENSATION DAY</p>
<p>20 NO SCHOOL TODAY            PRESIDENTS DAY</p> 	<p>21 NO SCHOOL TODAY            PROFESSIONAL DEVELOPMENT DAY</p>  <p><b>MARDI GRAS</b></p>	<p>22 PANCAKE &amp; SAUSAGE STICK SYRUP OR            CEREAL &amp; GRAHAM STICKS            CHILLED FRUIT JUICE            MILK-VARIETY OF FLAVORS</p> <p><b>George Washington's Birthday</b>  <b>ASH WEDNESDAY</b></p>	<p>23 BERRY BLAST FRENCH TOAST MINIS SYRUP OR            CEREAL &amp; CINNAMON GRAHAM GRIPZ            ORANGE SECTIONS            MILK-VARIETY OF FLAVORS</p>	<p>24 CAND. BACON, EGG &amp; CHEESE BISCUIT SANDWICH JELLY OR            CEREAL &amp; CINNAMON SQUARE            CHILLED FRUIT JUICE            MILK-VARIETY OF FLAVORS</p>
<p>27 BREAKFAST CHICKEN BISCUIT SANDWICH JELLY            SUPER TRAIL MIX OR            CEREAL &amp; SUPER TRAIL MIX            CHILLED FRUIT JUICE            MILK-VARIETY OF FLAVORS</p>	<p>28 BLUEBERRY EGGO MINI PANCAKES SYRUP OR            CEREAL &amp; GRAHAM STICKS            BUNCH OF GRAPES            MILK-VARIETY OF FLAVORS</p>	<p>29 BREAKFAST SAUSAGE PIZZA OR            CEREAL &amp; BUG BITE GRAHAMS            CHILLED FRUIT JUICE            MILK-VARIETY OF FLAVORS</p>	<p>1 SAUSAGE, EGG AND CHEESE HOT POCKET            WH GRAIN BREAKFAST COOKIE OR            CEREAL &amp; CHOC. CHIP GRAHAM GRIPZ            ORANGE SECTIONS            MILK-VARIETY OF FLAVORS</p>	<p>2 BISCUIT &amp; SAUSAGE GRAVY JELLY OR            CEREAL &amp; APPLE SQUARE            CHILLED FRUIT JUICE            MILK-VARIETY OF FLAVORS</p>